

Responsibility

Discipline is like a bridled horse
with the reins held lightly.

~Longfellow

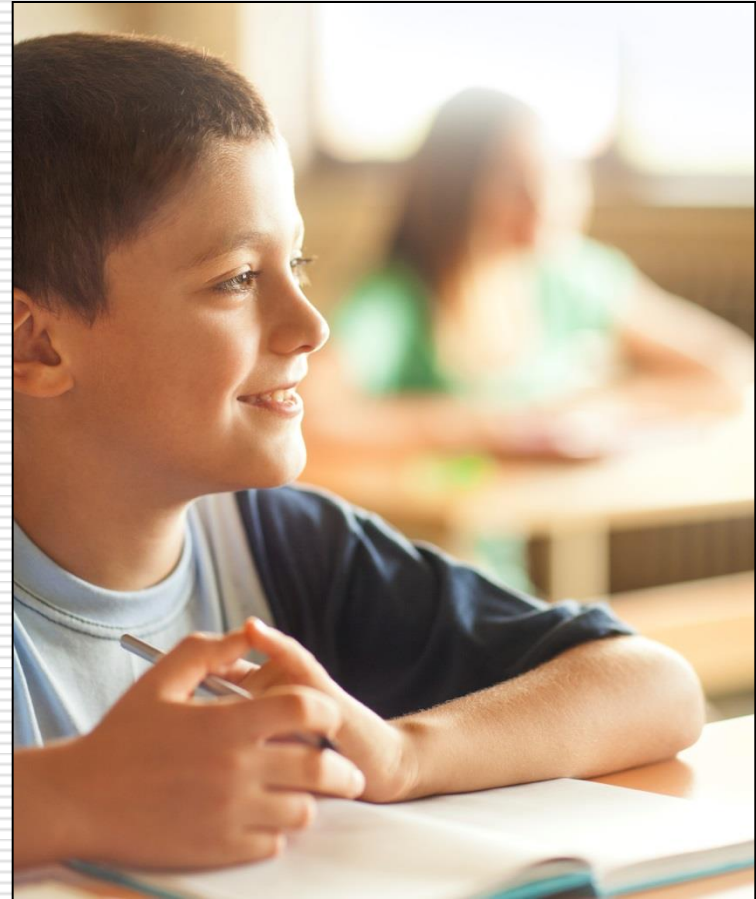
2016-17

Being a Responsible Person Means:

1. Identifying and writing goals for my life.
 2. Processing my emotions through my brain.
 3. Finding a way rather than making excuses.
 4. Putting signs in my life to help me remember what to do.
 5. Developing introspection and self-regulation skills for self-improvement.
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Being a Responsible Person Means:

6. Keeping agreements
7. Accepting what my attitude produces
8. Making time even though I don't have enough.
9. Seeing the present as the best time to act
10. Taking responsibility for my failures.



Being a Responsible Person Means:



11. Moving beyond my thinking toward acting.
 12. Growing one day at a time in becoming more responsible.
 13. Finding acceptable solutions to problems, while avoiding win-lose situations.
 14. Recognizing that with each right and freedom I enjoy, I also have a responsibility.
 15. Acknowledging what I do.
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All Children Can Become Responsible.

Four Major Elements that enable children to develop responsible behavior:

- Attitude
- Knowledge
- Practice
- Feedback

$$RB = A + K + P + F$$

The Critical Attribute is Attitude.



Four adult behaviors that will reinforce inappropriate behavior.

- Vagueness
- Hovering
- Rescuing
- Telling

IB = **V** + **H** + **R** + **T**



Responsibility – One perspective

Responsibility means personal, individual acceptance of the fact that every human being is accountable for his behavior, including thoughts, choices, decisions, speech, and actions.

Taking responsibility means that we acknowledge that we cause our own effects.

Responsibility – One Perspective

It is clear that irresponsible behavior finds excuses and places blame, and that responsible behavior finds a way.

***Responsibility finds a way ---
Irresponsibility finds an excuse.***

Responsibility Recipe

A close-up photograph of a young Black male chef wearing a white chef's hat and a white uniform. He is smiling broadly, looking down at a plate of food he is garnishing with a small green herb. The background is softly blurred, showing a kitchen setting with greenery. In the foreground, there are some out-of-focus orange and red fruits, possibly tomatoes.

***Take a generous
amount of
practice,
season with
plenty of time,
flavor with self
discipline and
garnish with
guidance.***

-G. Bedley

Reinforcers of Irresponsibility:

Avoid bail-outs. Here are examples of what NOT to do if you want to teach children to be responsible:

- Pick up clothes
 - Take lunch to school when forgotten
 - Do homework for them
 - Make excuses for children
 - Do chores that are assigned to them
 - Purchase everything for them
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Reinforcers of Irresponsibility:

- Give children too many toys
- Clean their rooms

Anything that a child should do and can do, and we do for them takes away an opportunity to learn responsibility.



Language of Responsibility:

You can identify a responsible person by his comments:

Responsible Comments:

- Each moment is a beginning
- Responsibility moves beyond thinking to acting
- I can do anything – some things I just haven't learned yet
- I take full responsibility for my actions

Irresponsible Comments:

- If I could just start over then everything would be different
- I know I need to do something
- I can't do it
- He made me do it



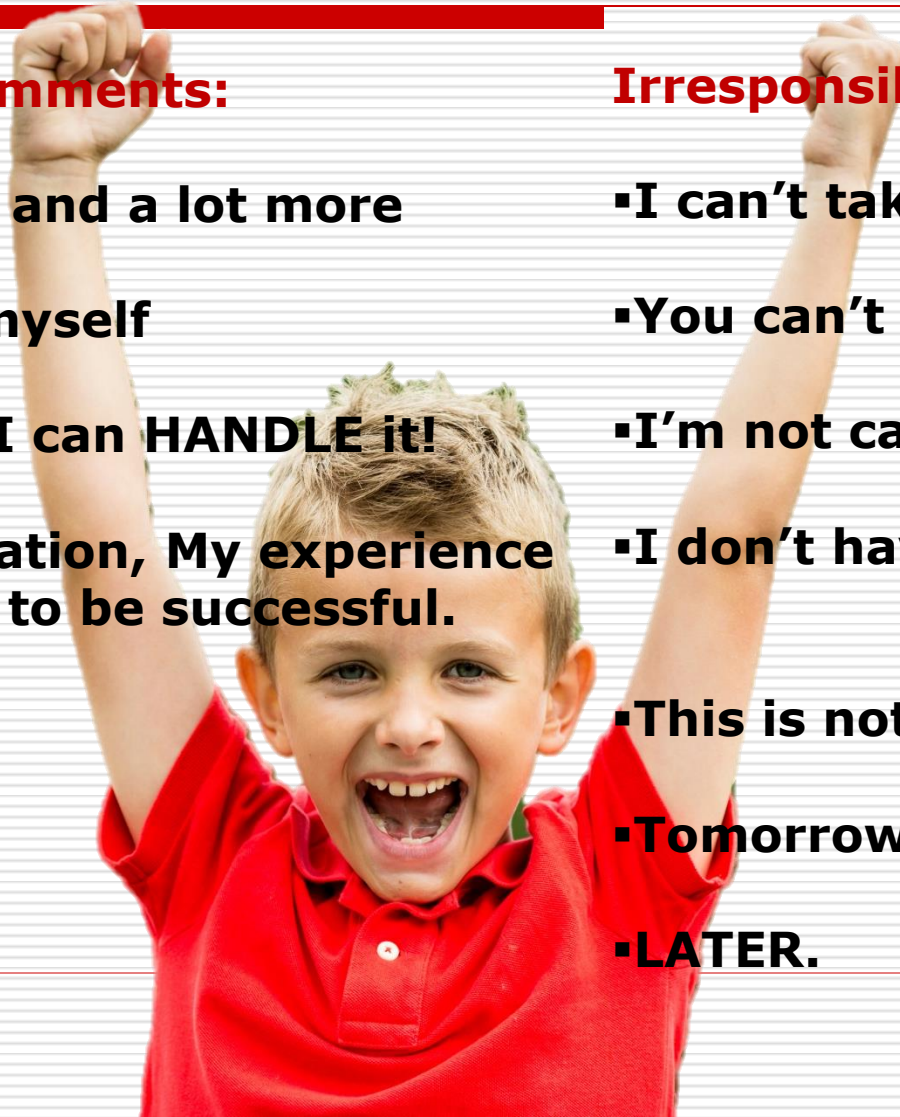
Language of Responsibility:

Responsible Comments:

- I can take this and a lot more
- I can change myself
- I am capable. I can **HANDLE** it!
- Life is an education, My experience will enable me to be successful.
- This is it.
- Today.
- **NOW.**

Irresponsible Comments:

- I can't take it anymore.
- You can't change people.
- I'm not capable.
- I don't have an education.
- This is not it.
- Tomorrow.
- **LATER.**



Title I Statewide School Support and Family and Community Engagement Initiative

At Region 16 Education Service Center

Funded by Texas Education Agency



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Go to www.esc16.net,
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