

PAL

- **Age:**
 - 14-15 years of age- Referral from CPS for CLSA- Casey Life Skills Assessment
 - Gives a overview of what youth know in areas of housing, life decisions, employment etc.
 - 16-17 years of age referral for CLSA and PAL Classes (Preparation for Adult Living) from CPS
 - Classes consist of 6 five hour courses which include the following Life Skills:
 - Housing and Transportation
 - Life Decisions
 - Personal and Social Relationships
 - Financial Management
 - Health and Safety
 - Job readiness
 - Some youth referred for PAL study guide depending on living placement area.
 - Youth are placed in foster homes or kinship placements, depending on referral
- **PAL benefits include**
 - Transitional Living Allowance
 - Medicaid Coverage for youth up to 25 years of age
 - Aftercare Room and Board
 - College Tuition and Fee Waiver
 - ETV- Educational Training Voucher
 - Employment Preferences
 - Transitional Living Services- Circle of support, transition plans, extended foster care program etc

PAL Training Facilitator:

Ashley Heatherly
806-420-4121
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Aftercare Services

Youth Served: Ages 18-21 Youth are usually living on their own in a dorm, apartment, Salvation Army, or sometimes with a family member or friend. Some are in extended foster care in a placement or in the Supervised Independent Living Program (SIL)

Referrals: Youth are referred from CPS in Lubbock/Amarillo

Aftercare Case Management Services Include:

- Medicaid Coverage for youth up to 25 years of age
- Aftercare Room and Board/ Auxiliary Assistance
- College Tuition and Fee Waiver
- FAFSA
- ETV- Educational Training Voucher
- College Applications
- Employment Applications
- Senior meetings
- Housing Education
- 90 day Face to Face Contact/ Plan of Service
- Transitional Living Services- Circle of support, transition plans, extended foster care program, etc.

Financial Assistance:

- **Aftercare Room & Board Assistance:** (Rent, Utilities, Deposits for Utilities/ Rent, Food, etc.) Funds are only up to \$500 a month and are not to exceed \$3,000 total. Funds are saved for circumstances when youth are needing additional help. It is not a monthly payment to youth, and funds are paid directly to the company receiving payment. This is not a check youth receive and the goal is for youth to gain independence by not depending on assistance every month. (*Youth in extended foster care are NOT eligible)
- **Auxiliary Assistance:** (Gas, Uber gift cards, Birth Certificate/ ID/ Driver's License Fees, Adult Driving Course, School Transcripts, etc.) There is not a set amount, but funds are not monthly and typically do not go directly to youth. Funds again are for circumstances when youth are needing additional help or are needing identification documents to get a job or for college.

Aftercare Case Manager:

Jessica Delarosa
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Texas Workforce Commission (TWC)

- **Who we serve**
 - Youth who are ages sixteen (16) to twenty-five (25) and that are currently in foster care, aging out of foster care, adopted from DFPS or formerly in foster care at some point in their lives.

- **How we receive referrals**
 - Many of our referrals come from youth already being served in the PAL/Aftercare program at the FYi Center. Referrals will also come from other foster agencies, DFPS and local organizations that serve foster youth.
 - All referrals are sent to our local PAL Specialist with DFPS for verification that the youth was in foster care at some point. We then receive an eligibility letter stating the youth qualifies for services through TWC.

- **Services provided through TWC**
 - Case Management
 - Provide life skills training such consumer life skills, accessing community resources, problem solving, and mentoring.
 - Assist youth with job search, completing job applications and resumes, prepare for interviews (mock interview and assist with purchasing interview outfit) and job placement.
 - Assist youth with achieving educational goals (HS Diploma, GED or attend college). Work alongside to complete FAFSA, ETV and any other educational paperwork that is needed.

- **Other Services provided**
 - Work alongside Workforce Solutions to ensure foster youth have access to necessary workforce services, which include: workshops, labor market information, and workforce resources for employment opportunities.
 - Coordinate with local businesses and training providers for training and employment opportunities.

- **Texas Workforce Advocate Contact Info**

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